

# Scope and Limitations of Homeopathy in Ophthalmology

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## Abstract

Every science has got its own scope and limitations. So same is also applicable for homeopathy to treat general diseases as well as diseases of special sense organs. The eye is one of the most vital sense organ of a body. From my clinical experience in ophthalmology, it was observed that homeopathic medicines do respond well in many acute and chronic conditions. Different sample cases reported here give an idea about the effectiveness of homeopathy in ophthalmology. However, to achieve accuracy and gain confidence in practice, the physician should have an in-depth knowledge of different ophthalmic diseases with their diagnostic investigations apart from basic knowledge of homeopathy. Understanding about the scope and limitations of homeopathy in ophthalmology will help the physician to inform the patient beforehand whether a particular eye condition is amenable to homeopathy and about its probable outcome.

## Keywords

- ▶ ophthalmology
- ▶ scope and limitations
- ▶ *Pulsatilla*
- ▶ *Belladonna*
- ▶ *Natrum muriaticum*
- ▶ *Hepar sulphuris*
- ▶ *Senega*

## Introduction

Every science has got its own scope and limitations. So same is also applicable for homeopathy to treat general diseases as well as diseases of special sense organs. The eye is one of the most vital sense organ of the body without which one cannot enjoy the beauty of nature. So it is our prime responsibility to keep this organ healthy throughout life. Many times there is a belief in society that allopathic medicines, surgery, and laser treatment are the only treatments available to tackle different ophthalmic diseases. Some general practitioners are unaware about the fact that homeopathy can treat different ophthalmic cases successfully. Similarly, they are also unaware that either some ophthalmic conditions are not amenable to homeopathy or in some homeopathy can give only partial relief.

I am doing homeopathic practice exclusively in ophthalmology for the past 25 years. From this clinical experience, I have observed that homeopathic medicines do respond well in different acute as well as chronic eye conditions that you may come across in practice. Now first of all I will mention a list of all ophthalmic conditions that are amenable to homeopathy followed by different ophthalmic conditions where

homeopathy has got either no role or a limited role to play in their management. Finally, I will present some sample cases with photographic evidence to show the effectiveness of homeopathy in ophthalmology.

## Scope of Homeopathy in Ophthalmology

- Diseases of eyelid: squamous blepharitis, recurrent sty, chalazion, allergic lid oedema, frequent blinking, blepharospasm.
- Diseases of lacrimal apparatus: dry eye syndrome, epiphora, acute and chronic dacryocystitis.
- Diseases of conjunctiva: bacterial, viral and allergic conjunctivitis, phlyctenular conjunctivitis, pterygium.
- Diseases of cornea: recurrent viral keratitis, corneal abscess, keratoconus, corneal opacity.
- Diseases of uveal tract and sclera: iritis, iridocyclitis, episcleritis, scleritis.
- Refractive errors: progression of simple or childhood myopia, pathological myopia, amblyopia, symptoms of eye strain (asthenopia).